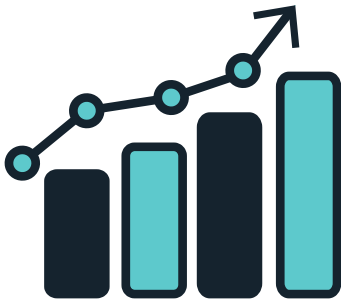


# DIABETES FACTS & FIGURES

FROM THE  
INTERNATIONAL DIABETES  
FEDERATION'S DIABETES ATLAS 2019 EDITION



## THE NUMBER OF PEOPLE LIVING WITH DIABETES IS RISING

In 2019, 463 million adults were living with diabetes. By 2030, the number is expected to rise to 578 million.

## DIABETES IS GOING UNDIAGNOSED

1 in 2 adults with diabetes remain undiagnosed. Most have type 2 diabetes.

1 In 2



## IT IS IMPACTING LOW & MIDDLE-INCOME COUNTRIES

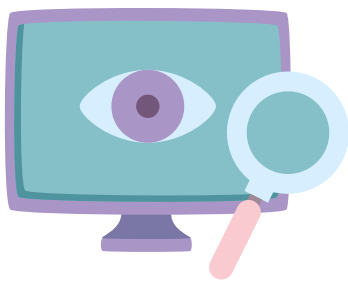
More than 3 in 4 people with diabetes live in low and middle-income countries.

## DIABETES IS ENDING LIVES.

In 2019, diabetes caused 4.2 million deaths.



## HOW CAN OPTOMETRY ASSIST?



### RESEARCH BEST PRACTICES

Utilize the most up to date research and best practices within the field to ensure patients are provided with the best care possible.



## OPTOMETRISTS: SCREEN YOUR PATIENTS WITH DIABETES FOR RETINOPATHY

1 of 3 patients with diabetes mellitus will have some form of diabetic retinopathy, and 1 in 10 patients will have sight threatening retinopathy.

*Yau JW et al. Global prevalence and major risk factors of diabetic retinopathy. Diabetes care 2012; 35: 556-64*



## BRING AWARENESS TO THE IMPORANCE OF COMPREHENSIVE EYE EXAMINATIONS

Comprehensive eye examinations will help prevent vision loss for those living with diabetes.



WORLD COUNCIL OF OPTOMETRY

WHAT ARE YOU WAITING FOR?  
JOIN US IN BRINGING AWARENESS ON  
WORLD DIABETES DAY, NOVEMBER 14!

Use #WorldDiabetesDay and #WDD on social media leading up to and on  
World Diabetes Day